

# I CAN VOLUNTEER!

Detailed Descriptions of Youth & Teen Volunteer Opportunities in Orange County



**You can make a difference in  
your community!**

- Volunteer Center Orange County - 1901 East Fourth Street, Suite 100, Santa Ana, CA 92705-  
- Phone: (714) 953-5757 - Fax: (714) 834-0585 - [www.volunteercenter.org](http://www.volunteercenter.org) -

# How Do I Use This Guide?

## **Step One**

Think about how you would like to volunteer. Consider your interests and how you like to spend your time, and then decide where you would like to help. For example, maybe you play the piano and would like to perform at a Senior Center.

## **Step Two**

Look through this guide and find the volunteer jobs that match your interests, needs, and qualifications. Check if you can get transportation to the agency from your home or school. Note that many agencies are on or near bus lines. Please check that you meet the organization's minimum age requirement. Sometimes you may meet the age requirement and will still need to bring an adult.

## **Step Three**

Call or email the organization. Ask to speak to the volunteer coordinator or whoever is listed. Introduce yourself and explain why you are contacting them. Volunteer coordinators are often very busy, so you may have to leave a message. If they do not get back to you in a couple of weekdays, try again. If you have to leave a message on their voice mail, speak slowly and clearly and be sure to leave your name and phone number so they can reach you.

### **Here is an example of what you could say as a message:**

- "Hi my name is (your name) and I am a student at (name of your school). I read about your organization in Volunteer Center Orange County's "I Can Volunteer Guide to Youth Volunteer Opportunities" and am interested in finding out about volunteer opportunities at your agency. I would appreciate it if you could call me back. I can be reached at (your phone number with area code) after (time when you are home). Thank you."

## **Step Four**

When you speak to the volunteer coordinator, tell him/her a bit about yourself and why you want to volunteer. Ask some of the following questions to ensure a good match.

### **Here are some questions you might want to ask:**

- What does your organization do?
- Whom do you serve?
- What type of work will be done as a volunteer?
- Can you mail or e-mail me a job description or brochure?
- Do you provide training?
- Who will be my supervisor?
- Where are you located? (Is it close to my home or school?)
- When do you need help? (Does it fit your schedule?)

## **Step Five**

Ask for an appointment to visit the organization. By visiting the organization, you will get a better understanding of what it would be like to work there. The volunteer coordinator may also want to interview you before you start. When you make the appointment, write down the day and time and get clear directions on how to get there. Arrive for your interview early.

# I CAN VOLUNTEER!

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### **Helpful Information**

- If the contact name has changed, ask for the volunteer coordinator
- Information current as of May, 2008
- Volunteers should contact the agencies directly, not Volunteer Center Orange County
- For more volunteer opportunities, contact your local branch of the public library
- Please use this directory for volunteer purposes **only**
- Thank-you for your interest in volunteering!

## **Countywide**

### **ADOPT-A-PARK PROGRAM**

[www.ocparks.com](http://www.ocparks.com)

**Contact Person:** Angeline Santiago  
[angeline.santiago@rdmd.ocgov.com](mailto:angeline.santiago@rdmd.ocgov.com)

**Phone:** (714) 973-6871

**Minimum Age:** None

**Adult Supervision required:** Yes (under 18)

**Groups:** Yes

**Min/Max Size:** Varies

**Volunteer Opportunities include:** Beach and lake clean ups, tree plantings, removal of non-native habitat, trail maintenance, gardening, painting, research projects and staffing of nature centers

**Time Commitment:** Time commitment varies from project to project.

### **AMERICAN CANCER SOCIETY**

[www.cancer.org](http://www.cancer.org)

**Contact Person:** Shannon Fowler  
[shannon.fowler@cancer.org](mailto:shannon.fowler@cancer.org)

**Phone:** (949) 567-0620

**Minimum Age:** 13

**Adult Supervision required:** Varies

**Groups:** Yes

**Min/Max Size:** No maximum size

**Volunteer Opportunities Include:** Creating posters, campaigns, youth clubs (school health), help with Teens Kick Ash program, Relay for Life program, health fairs, work on programs, help to collect signatures

**Time Commitment:** None

### **AMERICAN RED CROSS of ORANGE COUNTY**

[www.oc-redcross.org](http://www.oc-redcross.org)

**Contact Person:** Jesse Burne

**Phone:** (714) 481-5397

**Minimum Age:** 13

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:** Varies upon project

**Volunteer Opportunities Include:** Volunteer at Community Blood Drives as a Registration or Canteen Volunteer. Registration Volunteers intake donors, process paperwork and provide customer service. Canteen Volunteers, provide customer service, serve refreshments and alert our medical staff if a donor needs help.

**Time Commitment:** Varies with each project

**Additional Information:** There are a wide variety of volunteer youth programs at Red Cross OC for middle and high school age youth. Most programs focus on youth educating their peers in the community. Call or email us at [youth@oc-redcross.org](mailto:youth@oc-redcross.org) to get more information.

## Countywide (cont.)

### **CHILDREN'S BUREAU (corp)**

[www.all4kids.org](http://www.all4kids.org)

**Contact Person:** Wendy Brown

**Minimum age requirement:** 16

**Groups:** Yes

**Opportunities Available:** Clerical, group parties, events, and clean up projects.

**Time Commitment:** None

**Additional Information:** Many different sites throughout Orange County

**Phone:** (714) 517-1900 ext 201

**Adult Supervision Required:** No

**Min/Max Size:** Varies

### **EARTH RESOURCE FOUNDATION**

[www.earthresource.org](http://www.earthresource.org)

**Contact Person:** Stephanie Barger

[info@earthresource.org](mailto:info@earthresource.org)

**Minimum Age:** None

**Groups:** Yes

**Volunteer Opportunities Include:** Beach clean ups, water quality research projects and native plant restoration activities, mentors, administrative help.

**Phone:** (949) 645-5163

**Adult Supervision Required:** Under 12 only

**Min/Max Size:** Up to 200

### **PROJECT LINUS**

[www.projectlinus.org](http://www.projectlinus.org)

**Contact Person:** Patty Krause

**Minimum age:**

**Groups:**

**Volunteer Opportunities Include:** Making homemade blankets for seriously ill or traumatized children, ages 0-18, Can possibly travel to you

**Phone:** (949) 723-4656

**Adult Supervision Required:**

**Min/Max Size:** None

### **PAINT YOUR HEART OUT**

[www.pyho.org](http://www.pyho.org)

**Contact Person:** Debbie Schultz

[debbie@pyho.org](mailto:debbie@pyho.org)

**Minimum age:** 14 years

**Groups:** Yes

**Volunteer Opportunities Include:** Assist with adult teams in painting homes (prepping, priming, painting).

**Time Commitment:** Various annual events (dates vary with city), Requires 2 Saturdays (mostly consecutive)

**Phone:** (714) 970-1150

**Adult Supervision Required:** Yes

**Min/Max Size:** Up to 25

### **THINK TOGETHER**

[www.thinktogether.org](http://www.thinktogether.org)

**Contact Person:** Tom Linnert

[tlinnert@thinktogether.org](mailto:tlinnert@thinktogether.org)

**Contact Person:** Erin Bucci

[ebucci@thinktogether.org](mailto:ebucci@thinktogether.org)

**Minimum Age:** 13

**Groups:** Yes

**Volunteer Opportunities Include:** Working with at-risk youth in the following areas – tutoring, mentoring and assisting with homework. Youth volunteers can also become an office aide, help with public relations/marketing and much more.

**Time Commitment:** None

**Phone:** (714) 543-3807 Ex 8142

**Phone:** (714) 543-3807 Ex 8108

**Adult Supervision Required:** No

**Min/Max Size:** Up to 50

## Anaheim

### ANAHEIM FAMILY YMCA

[www.anaheimymca.org](http://www.anaheimymca.org)

**Contact Person:** Norma Ruiz

[nruiz@anaheimymca.org](mailto:nruiz@anaheimymca.org)

**Minimum Age:** 14

**Groups:** Yes

**Volunteer Opportunities Include:** Help with the following programs: academic mentor, Go Getters mentor, Classroom volunteer, enrichment and special projects, Anaheim Achieves One-Time School Visits, Anaheim Achieves, Academic Mentor, Big Buddy, and Y-Be Healthy. These programs operate out of 46 Anaheim sites. They focus on helping children with homework; educational games, sports, enrichment and recreational activities; storytelling; reading and literacy programs and academic mentoring.

**Time Commitment:** Volunteer hours vary depending upon the program.

**Phone:** (714) 635-9622 ext. 1613

**Adult Supervision Required:** Yes

**Min/Max Size:** Varies

## Brea

### CARBON CANYON REGIONAL PARK

[www.ocparks.com](http://www.ocparks.com)

**Contact Person:** Joanne Taylor

[Joanne.ltaylor@rdmd.ocgov.com](mailto:Joanne.ltaylor@rdmd.ocgov.com)

**Contact Person:** John Gump

[john.gump@rdmd.ocgov.com](mailto:john.gump@rdmd.ocgov.com)

**Minimum Age:** 12 years

**Groups:** Yes

**Volunteer Opportunities Include:** Trail maintenance, brush clearing, planting, bulletin board, work on converting office into interactive center, Native planting in Nature Area, and leading tours.

**Time Commitment:** None

**Phone:** (714) 973-3161

**Phone:** (714) 973-3163

**Adult Supervision Required:** Yes

**Min/Max Size:** None

## Costa Mesa

### SOMEONE CARES SOUP KITCHEN

[shannonsck@aol.com](mailto:shannonsck@aol.com)

**Contact Person:** Shannon Santos  
or Allie Weaver

**Minimum Age:** 15 years

**Groups:** Yes

**Volunteer Opportunities Include:** Serve and prepare meals; organizing food supplies

**Time Commitment:** Monday-Friday 9am-5pm, Saturday and Sunday 7:30-12am

**Phone:** (949) 548-8861

**Adult Supervision Required:** No

**Min/Max Size:** Up to 15

### PROJECT CUDDLE

[www.projectcuddle.org](http://www.projectcuddle.org)

**Contact Person:** Talea Magnusen

[projectcuddle@yahoo.com](mailto:projectcuddle@yahoo.com)

**Minimum Age:** None

**Groups:** Yes

**Volunteer Opportunities Include:** Office work, passing out brochures.

**Time Commitment:** None

**Phone:** (714) 432-9681

**Adult Supervision Required:** Yes under 16

**Min/Max Size:** No maximum group size

## Costa Mesa (cont.)

### GIRLS INC. OF ORANGE COUNTY

[www.girlsinc-oc.org](http://www.girlsinc-oc.org)

**Contact Person:** Orleda Roa

**Phone:** (949) 646-7181

[orledar@girlsinc-oc.org](mailto:orledar@girlsinc-oc.org)

**Minimum Age:** High School Students

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:** Up to 12 (some large)

**Time Commitment:** Looking for long-term volunteers, Operating Hours 7:30 am – 6:00 pm Mon.-Fri. / Need to ask for Sat. and Sun. volunteer opportunities

**Volunteer Opportunities Include:** Working with National development programs; after school programs; work with 5-18 (activities). Main facility is in Costa Mesa, but satellite facilities in many cities throughout Orange County.

### SERVING PEOPLE IN NEED (SPIN)

[www.spinoc.org](http://www.spinoc.org)

**Contact Person:** Kim Frazier

**Phone:** (714) 751-1101 Ext 19

[kimf@spinoc.org](mailto:kimf@spinoc.org)

**Minimum Age:** None

**Adult Supervision Required:** None

**Groups:** Yes

**Min/Max Size:** Up to 15

**Volunteer Opportunities Include:** Help in the office and teach "life skill" classes. Volunteer groups are needed to help with special projects including preparing meals for the homeless, food drives, hygiene drives, clothing drives and adopting families for the holidays.

**Time Commitment:** None

## Dana Point

### OCEAN INSTITUTE

[www.ocean-institute.org](http://www.ocean-institute.org)

**Contact Person:** Karen Lloreda

**Phone:** (949) 496-2274

[volunteers@ocean-institute.org](mailto:volunteers@ocean-institute.org)

**Minimum Age:** 14

**Adult Supervision Required:** Under 16

**Accepts Groups:** No

**Min/Max Size:** None

**Volunteer Opportunities Include:** Sailing Tall Ships, assistance in gift shop, Maritime and Science Instructors, administrative duties

**Time Commitment:** None

## Fountain Valley

### BOYS AND GIRLS CLUBS OF HUNTINGTON VALLEY

[www.bgchv.com](http://www.bgchv.com)

**Contact Person:** Tom Krusic

**Phone:** (714) 531-2582

[tkrusic@bgchv.com](mailto:tkrusic@bgchv.com)

**Minimum Age:** 15

**Adult Supervision Required:** No

**Volunteer Opportunities Include:** Interacting and working with children in the areas of educational assistance and public safety. Activities with kids.

**Additional Information:** Volunteers must become a Boys and Girls Club member which requires a \$15 fee and must purchase a volunteer shirt for \$8. All volunteers meet with the program's unit director for a 30-minute orientation.

**Time Commitment:** 4 hours

## Fountain Valley (cont.)

### THE PATH OF HOPE FOUNDATION

[www.thepathofhope.com](http://www.thepathofhope.com)

**Contact Person:** Gus Guzman

[pathofhope@yahoo.com](mailto:pathofhope@yahoo.com)

**Minimum Age:** 16

**Groups:** Yes

**Volunteer Opportunities Include:** Giving to homeless; set up & tear down; holiday dinners; wrap presents at Christmas time; entertainment (singing, skits).

**Time Commitment:** None

**Phone:** (714) 775-3385

**Adult Supervision Required:** Yes

**Min/Max Size:** Up to 20

### WORKING WARDROBES for a New Start

[www.workingwardrobes.org](http://www.workingwardrobes.org)

**Contact Person:** MaryLou Torres

[marylout@workingwardrobes.org](mailto:marylout@workingwardrobes.org)

**Minimum Age:** 14

**Accepts Groups:** Yes

**Volunteer Opportunities Include:** Office duties, work at receiving, sorting and tagging donations of men, women, and teen clothing, gift bag items, and preparing the donations for distribution to clients at the retail store front or the donation center, events.

**Additional Information:** School group leaders and Parents welcome to assist High School participants

**Time Commitment:** None

**Phone:** (714) 210-2460 Ext. 311

**Adult Supervision:** Yes, up to 15

**Min/Max Size:** 15 to 20 max

## Fullerton

### NORTH ORANGE COUNTY YMCA

[www.ymcaoc.org](http://www.ymcaoc.org)

**Contact Person:** Tawnya Moore  
(General Volunteer Opportunities)

**Contact Person:** Jill Plubell  
(Special Events Opportunities)

**Minimum age:** 16 years

**Groups:** Yes

**Volunteer Opportunities Include:** Provide tours and help with office/facility duties, such as filing, photocopying, preparing mailings, washing towels, etc. Special event volunteers help with the Golf Tournament, Healthy Kids Day, Crab Feast and other seasonal events.

**Additional Information:** General volunteers are required to undergo drug screening and fingerprinting.

**Time Commitment:** None

**Phone:** (714) 879-9622

**Phone:** (714) 879-9622 x110

**Adult Supervision Required:** Varies

**Min/Max Size:** Up to 20

### FAMILY ASSESSMENT COUNSELING AND EDUCATION SERVICES

[www.facescal.org](http://www.facescal.org)

**Contact Person:** Antonieta Fraga

**Minimum age:** 15

**Groups:** Yes – for specific projects

**Volunteer Opportunities Include:** Data entry, answering outreach phone calls, file, clean up.

**Time Commitment:** Depends on duty

**Phone:** (714) 879-9616

**Adult Supervision Required:** No

**Min/Max Size:** up to 10

## Fullerton (cont.)

### K.C. SERVICES (KOREAN COMMUNITY SERVICES)

[www.KCservices.org](http://www.KCservices.org)

**Contact Person:** John  
[contact@kcservices.org](mailto:contact@kcservices.org)

**Phone:** (714) 527-6561

**Minimum Age:** All ages welcome

**Adult Supervision Required:** No

**Groups:** No

**Volunteer Opportunities Include:** Office assistance, such as creating folders, data entry, filing, web page design, data warehousing. Light housekeeping duties are also available.

**Time Commitment:** Flexible hours can arrange – Monday through Friday between the hours of 9 a.m. – 7 p.m.

## Garden Grove

### ORANGE COUNTY FOOD BANK

[www.orangecountyfoodbank.org](http://www.orangecountyfoodbank.org)

**Contact Person:** Mark Lowry  
[mlowry@capoc.org](mailto:mlowry@capoc.org)

**Phone:** (714) 897-6670 x3601

**Minimum age:** None

**Adult Supervision Required:** Yes, under 16

**Groups:** Yes

**Min/Max Size:** Up to 100 members

**Volunteer Opportunities Include:** Volunteers work side-by-side packing food boxes that are distributed to the hungry in Orange County. Volunteer opportunities are available after school and on weekends. Office work also available

**Additional Information:** Volunteers should wear comfortable clothing and need to wear closed-toed shoes

**Time Commitment:** Volunteers are required to stay for the entire 3 hour shift.

### COMMUNITY DAY PRESCHOOL

**Contact Person:** Sue Puisis

**Phone:** (714) 539-2911

**Minimum age:** 16

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:** Up to 2 per classroom, no max for group projects

**Volunteer Opportunities Include:** play with the children, games, computer work, tutoring. Groups, paint, clean up, projects, helping in classroom, teacher's aid

**Additional Information:** TB test, no gang clothes, conservative clothes

**Time Commitment:** None

### ACACIA ADULT DAY SERVICES

[www.acacia-services.org](http://www.acacia-services.org)

**Contact Person:** Terry White  
[twhite@acacia-services.org](mailto:twhite@acacia-services.org)

**Phone:** (714) 530-1566

**Minimum age:** None

**Adult Supervision Required:** Yes, under 16

**Accepts Groups:** Yes

**Min/Max Size:** Up to 6-8

**Volunteer Opportunities Include:** Helping with activities (such as Bingo or Arts and Crafts) for frail elderly or disabled adults, people with Alzheimer's and developmental disabilities; serving meals and snacks; talking with elderly people on a 1:1 basis and so on, Also looking for musicians to help.

**Time Commitment:** We do have episodic volunteers. To volunteer on a regular basis, the volunteer would have to go through the application process and complete a TB test.

## Garden Grove (cont.)

### HEMOPET/PET LIFE LINE

[www.hemopet.com](http://www.hemopet.com)

**Contact Person:** Karen Stalk

**Phone:** (714) 891-2022 x 22

[hemopet@hotmail.com](mailto:hemopet@hotmail.com)

**Contact Person:** Wayne Richards  
(Volunteer Coordinator)

Phone: (714) 891-2022 x18

**Minimum age:** 14

**Adult Supervision Required:** Signed waiver

**Groups:** Yes (prearranged)

**Min/Max Size:** Varies

**Volunteer Opportunities Include:** take care of dogs, walk dogs, clean up kennels

**Additional Information:** Closed toe shoes (tennis shoes preferred), long pants

## Huntington Beach

### OAK VIEW COMMUNITY COLLABORATIVE

**Contact Person:** Martin Rodriguez

**Phone:** (714) 842-4002 x204

[martinrodriguez@all4kids.org](mailto:martinrodriguez@all4kids.org)

**Minimum Age:** None

**Adult Supervision Required:** Not for teens

**Groups:** Yes

**Min/Max Size:** Up to 30

**Volunteer Opportunities Include:** Working with children as a tutor, camp counselor, teacher's aid, etc., assisting with clerical duties; shelving books and helping with library programs; interpreting (Spanish/English) and participating in special events.

**Additional Information:** Oak View is a fun place for youth volunteers because they know they are making a difference in the lives of low-income immigrant families served by the agency. Bilingual (Spanish/English) speakers are a plus, but not required for most programs. Commitment varies from one hour per week to several hours per day depending upon the program.

## Irvine

### HUMAN OPTIONS, INC.

[www.humanoptions.org](http://www.humanoptions.org)

**Contact Person:** Gail Libby

**Phone:** (949) 737-5242 Ext. 223

[Glibby@humanoptions.org](mailto:Glibby@humanoptions.org)

**Minimum age:** 14

**Adult Supervision Required:**

**Group:** No

**Min/Max Size:** n/a

**Volunteer Opportunities Include:** therapeutic preschool, working with kids, tutoring and playing with kids, office work and thrift school, directly with women.

**Time Commitment:** 3 hrs training (to work with kids) No time commitment after training, No training for office work. Thrift store: Monday-Saturday, 10am-5pm, Helping with kids: Monday-Thursday, 9am-12pm and 2:00pm-4:30pm, tutoring: Monday-Thursday, 4:30pm - 6:00pm

### ALZHEIMER'S ASSOCIATION OF ORANGE COUNTY

[www.alzoc.org](http://www.alzoc.org)

**Contact Person:** Mallory Gompert

**Phone:** (949) 757-3705

**Minimum age:** Varies

**Adult Supervision Required:** No (if over 16)

**Groups:** Yes

**Min/Max Size:** No maximum group size

**Volunteer Opportunities Include:** Youth Outreach Volunteers, Memory Walk Volunteers and Participants, Office Volunteers, Development Volunteers.

## Irvine (cont.)

### THE RAISE FOUNDATION

[www.theraisefoundation.org](http://www.theraisefoundation.org)

**Contact Person:** Kristen Jefferson

[Kristen@theraisefoundation.org](mailto:Kristen@theraisefoundation.org)

**Minimum age:** 13

**Groups:** Yes

**Volunteer Opportunities Include:** Fundraising events throughout the year.

**Time Commitment:** Flexible

**Phone:** (949) 955-1578 x 13

**Adult Supervision Required:** Yes

**Min/Max Size:** Depends on activity

### FAMILIES FORWARD

[www.families-forward.org](http://www.families-forward.org)

**Contact Person:** Debbie Regele

**Minimum age:** 14

**Groups:** No

**Volunteer Opportunities Include:** Working in our food warehouse sorting, organizing and bagging food for families Monday through Thursday mornings. Help in our storage warehouse, picking up donations and food drives. Summer is a good time to work for students. Special events depending on the time of year.

**Time Commitment:** None

**Phone:** (949) 553-2727 x226

**Adult Supervision Required:** Varies

**Min/Max Size:**

### NATIONAL MULTIPLE SCLEROSIS SOCIETY

[www.mspacific.org](http://www.mspacific.org)

**Contact Person:** Linda Ingram

[Linda.ingram@mspacific.org](mailto:Linda.ingram@mspacific.org)

**Minimum age:** 10 (for events)

**Groups:** Yes

**Volunteer Opportunities Include:** Special Events in April and October

**Phone:** (760) 448-8416

**Adult Supervision Required:** Yes

**Min/Max Size:**

### SECOND HARVEST FOOD BANK OF ORANGE COUNTY

[www.feedoc.org](http://www.feedoc.org)

**Contact Person:** Kris Thomsen

[kris@feedoc.org](mailto:kris@feedoc.org)

**Contact Person:** Janet Ferguson

[janet@feedoc.org](mailto:janet@feedoc.org)

**Minimum age:** 14 (under 14 can harvest)

**Groups:** Yes

**Volunteer Opportunities Include:** Food labeling and sorting for distribution to needy families. Harvesting programs are also available (this involves planting, weeding, and picking produce in our fields and is available for kids of all ages).

**Time Commitment:** Volunteers must call ahead to schedule a date and time frame.

**Phone:** (949)653-2900 x 166

**Phone:** (949)653-2900 x 169

**Adult Supervision Required:** Under 16

**Min/Max Size:** Up to 25

### PEDIATRIC CANCER RESEARCH FOUNDATION

[www.pcrf-kids.com](http://www.pcrf-kids.com)

**Contact Person:** Gina Crofts

[gcrofts@pcrf-kids.com](mailto:gcrofts@pcrf-kids.com)

**Minimum age:** 10

**Groups:** Yes

**Volunteer Opportunities Include:** Mailing, packaging holiday cards, counting cards, mailing envelopes, special events.

**Additional Information:** Very Busy, would appreciate volunteers.

**Phone:** (949) 859-6312

**Adult Supervision Required:** Under 12

**Min/Max Size:** Up to 10

## Irvine (cont.)

### AMERICAN HEART ASSOCIATION

[www.heartsource.org](http://www.heartsource.org)

**Contact Person:** Cheryl Halcrow

[Cheryl.halcrow@heart.org](mailto:Cheryl.halcrow@heart.org)

**Minimum age:** 16

**Groups:** Yes

**Volunteer Opportunities Include:** Administrative tasks, mailings, computer work, packets, maybe cleaning for special events

**Time Commitment:** Flexible, call ahead, 10 hrs at most per week

**Phone:** (949) 856-3555

**Adult Supervision Required:** No

**Min/Max Size:** Depends on activity

### SHADETREE PARTNERSHIP, INC.

[www.shadetreepartnership.org](http://www.shadetreepartnership.org)

**Contact Person:** Thomas Bonkowski

[bonkowski@irwd.com](mailto:bonkowski@irwd.com)

**Minimum age:** 8 – 16

**Groups:**

**Volunteer Opportunities Include:** Shadetree Nursery is a 5.5-acre volunteer nursery consisting of 7,000+ trees and 2,000 shrubs/groundcover. Volunteers can water, weed, stake trees, prune/trim trees, fertilize, replant trees/seedlings, take inventory and perform general nursery functions. Closed toe shoes are required for all volunteers.

**Additional Information:** The Shadetree Nursery is located on the UCI campus (call for directions). There is a slight slope where the trees are irrigated. Special needs volunteers may find the location challenging.

**Time Commitment:** Two to five hours. Weekdays and occasional weekends available. Available hours are between 7:30a.m. and 3:00p.m.

**Phone:** (949) 453-5392

**Adult Supervision Required:** Yes under 16

**Min/Max Size:**

### KIDS WHO CARE FOUNDATION

[www.kidswhocareclub.org](http://www.kidswhocareclub.org)

**Contact Person:** Anisha Shukla

[kidswhocareclub@yahoo.com](mailto:kidswhocareclub@yahoo.com)

**Minimum age:** none

**Groups:** Yes

**Volunteer Opportunities Include:** Available all over Orange County. Volunteers under the age of 18 can help either individually or with their group, to help cheer up critically ill children in the hospital by helping out with our smile pack program, and the traveling variety show. Other volunteer opportunities are also posted on our website. Currently we are looking for volunteers to help with fundraising events, and grant writing and admin work.

**Phone:** 949-233-0568

**Adult Supervision Required:** No

**Min/Max Size:**

## Laguna Beach

### BRIDGE LEARNING CENTER

**Contact Info:** Howard Levin

**Minimum age:** 16

**Groups:**

**Volunteer Opportunities Include:** Mentoring children one-on-one with the same child one hour once a week, after school on the weekdays, or time that are convenient to the mentor. We are not tutors. We work on improving self-esteem, not school grades.

**Additional Information:** Need drivers license

**Time Commitment:** Once a week for an hour, 1-3 month commitment

**Phone:** (949) 494-0591

**Adult Supervision Required:** No

**Min/Max Size:**

### **SOUTH COAST MEDICAL CENTER**

[www.southcoastmedcenter.com](http://www.southcoastmedcenter.com)

**Contact Info:** Helen Simpson

**Phone:** (949) 499-7175 or (949) 499-1311

[SimptoHL@ah.org](mailto:SimptoHL@ah.org)

**Minimum age:** 14

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:**

**Volunteer Opportunities Include:** Clerical work at first, more hands on with experience

**Additional Information:** Must attend orientation, lots of opportunities.

**Time Commitment:** 40 hrs to be signed, 60 hrs for letter of recommendation

## **Newport Beach**

### **ENVIRONMENTAL NATURE CENTER (ENC)**

[www.ENCenter.org](http://www.ENCenter.org)

**Contact Person:** Lori Whalen

**Phone:** (949) 645-8489

[lori@encenter.org](mailto:lori@encenter.org)

**Minimum age:** All

**Adult Supervision Required:** Under 12

**Groups:** Yes

**Min/Max Size:**

**Volunteer Opportunities Include:** Grounds maintenance, gardening, office duties, craft projects, assistance with Saturday afternoon birthday parties and special events. Scouts can earn merit badges and complete Eagle & Gold projects.

**Time Commitment:** Schedules will vary depending upon volunteer project. There is a minimum one-hour time commitment. Student volunteer shifts can be scheduled Wednesday 1:00 until 5 p.m. and on Saturdays between 8:30 a.m. – 12:30 p.m.

### **JUVENILE DIABETES RESEARCH FOUNDATION**

[www.jdrf.org](http://www.jdrf.org)

**Contact Person:** Theresa Szwalek

**Phone:** 949) 553-0363 x10

[eoverland@jdrf.org](mailto:eoverland@jdrf.org)

**Minimum age:** 15 years.

**Adult Supervision Required:** Groups of five or more must be accompanied by an adult.

**Groups:** Yes

**Min/Max Size:** Up to 10 members

**Volunteer Opportunities Include:** General office tasks such as envelope stuffing, packet collating, etc. and participation in special events.

**Additional Information:** There are always volunteer opportunities available. Please call Erika for details.

**Time Commitment:** Flexible schedules are available.

## **Orange**

### **YWCA OF CENTRAL ORANGE COUNTY**

[www.ywcacentraloc.com](http://www.ywcacentraloc.com)

**Contact Person:** Judy Sollee

**Phone:** (714) 633-4950

**Contact Person:** Sue Olemstead

**Phone:** (714) 633-4950

**Minimum age:** 15 years

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:** Varies

**Volunteer Opportunities Include:** Helping with transitional house for foster girls, organize clothes for women searching for new jobs

**Time Commitment:** None

## **ORANGE POLICE DEPARTMENT VOLUNTEER PROGRAM**

[www.cityoforange.org](http://www.cityoforange.org)

**Contact Person:** Deborah Klein  
[volunteers@orangepd.org](mailto:volunteers@orangepd.org)

**Phone:** (714) 744-7328

**Minimum age:** 13 years

**Adult Supervision Required:** Yes, at check in

**Groups:** Yes

**Min/Max Size:** 6 -12Group

**Volunteer Opportunities Include:** Kids Print (fingerprinting) Program – this is an ongoing function that volunteers oversee throughout the year. Volunteers (individuals & groups) are placed on a call-out mailing list, they are advised of the location, date, and time for upcoming Kids Print sessions.

**Time Commitment:** None

## **Orange (cont.)**

## **ORANGE COUNTY RONALD MCDONALD HOUSE**

[www.rmhc.org](http://www.rmhc.org)

**Contact Person:** Katie Roth  
[krussell@ronaldhouseoc.org](mailto:krussell@ronaldhouseoc.org)

**Phone:** (714) 639-3600

**Minimum age:** 14

**Adult Supervision Required:** Yes

**Groups:** Yes

**Min/Max Size:** Max of 10

**Volunteer Opportunities Include:** (Katie will e-mail change)

Since the agency's mission is to provide a temporary "home away from home" for 21 families whose children are receiving medical care at local hospitals, there is a lot of laundry, baking, mopping, vacuuming and dusting. Volunteers also help with sorting donations, stocking the pantry and storerooms, changing light bulbs and vacuum cleaning bags, taking out the trash and cleaning out the refrigerator. Occasionally there are opportunities to help with clerical duties and fundraising events.

**Time Commitment:** Individuals must commit to one 4-hour shift per month for a one year period.

## **REHABILITATION INSTITUTE OF SOUTHERN CALIFORNIA**

[www.rio-rehab.com](http://www.rio-rehab.com)

**Contact Person:** Gabby Deleon  
[Gabriela@riorehab.com](mailto:Gabriela@riorehab.com)

**Phone:** (714) 633-7400

**Minimum age:** 16

**Adult Supervision Required:** Yes

**Groups:** Yes

**Min/Max Size:** Up to 6 member

**Volunteer Opportunities Include:** Office work. Looking over the kids at the day care

**Time Commitment:** Office hours 7am-3:30 pm, Child program 7:00am-6pm.

## **CHILD ABUSE PREVENTION CENTER**

[www.brightfutures4kids.org](http://www.brightfutures4kids.org)

**Contact Person:** Rossie Ruppe  
[RRuppe@brightfutures4kids.org](mailto:RRuppe@brightfutures4kids.org)

**Phone:** (714) 543-4333

**Minimum age:** 16

**Adult Supervision Required:** As Needed

**Groups:** Yes

**Min/Max Size:** Up to 10 member

**Volunteer Opportunities Include:** Work events, clerical work, working in a warehouse

**Time Commitment:** None

## **Placentia**

## **H.I.S. HOUSE**

[www.hishouseplacentia.org](http://www.hishouseplacentia.org)

**Contact Person:** Teri Niebuhr  
[tnieb@sbcglobal.net](mailto:tnieb@sbcglobal.net)

**Phone:** (714) 993-5774

**Minimum age:** 15

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:** Up to 10 members

**Volunteer Opportunities Include:** Child care, homework club

**Additional Information:** H.I.S. House is a six-month transitional shelter for families, singles and couples. Youth from infants to 18 years of age (with their parents) are housed at the facility.

**Time Commitment:** None

## San Clemente

### LAURA'S HOUSE

[www.laurashouse.org](http://www.laurashouse.org)

**Contact Person:** Laura Kelly

**Phone:** (949) 361-3775

[lkelly@laurashouse.org](mailto:lkelly@laurashouse.org)

**Minimum age:** 16

**Adult Supervision Required:** None

**Groups:** Yes (periodically)

**Min/Max Size:** 5 - 7

**Volunteer Opportunities Include:** Helping in the thrift store, children-care center and with special projects. Groups can assist with gardening and weeding activities and wrapping at the holidays; some administrative work.

**Additional Information:** All volunteers must go through volunteer training before they can volunteer.

**Time Commitment:** None

## Santa Ana

### LEUKEMIA AND LYMPHOMA SOCIETY

[www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)

**Contact Person:** Grace Hinojoza

**Phone:** (714) 881-0610

[Gracehinojoza@lls.org](mailto:Gracehinojoza@lls.org)

**Minimum age:** Any Age

**Adult Supervision Required:** Under 15

**Groups:** Yes

**Min/Max Size:**

**Volunteer Opportunities Include:** Office work: mailings, Events: set up, run event, registration

**Time Commitment:** None

### LATINO HEALTH ACCESS

[www.latinohhealthaccess.org](http://www.latinohhealthaccess.org)

**Contact Person:** Marissa Colon

**Phone:** (714) 542-7792

[mcolon@latinohhealthaccess.org](mailto:mcolon@latinohhealthaccess.org)

**Minimum age:** Any age

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:**

**Volunteer Opportunities Include:** Childhood obesity prevention program, help with fun physical activities, work with obese children in organized sports, Monday –Friday 2:30pm-3:30pm, Children Initiative: leadership training, Monday- Friday 4:00pm-7:30pm, Help with tutoring Saturdays 12:00pm-4:00pm

**Time Commitment:** None, but be dependable

## **SOUTHWEST MINORITY ECONOMIC DEVELOPMENT**

[www.swcommunitycenter.org](http://www.swcommunitycenter.org)

**Contact Person:** Connie Jones  
[swsmeda@aol.com](mailto:swsmeda@aol.com)

**Phone:** (714) 547-4073

**Minimum age:** 12

**Adult Supervision Required:** Yes

**Groups:** Yes

**Min/Max Size:** Up to 15 members

**Volunteer Opportunities Include:** Help serve meals, pack groceries

**Time Commitment:** None

## **Tustin**

### **CALIFORNIA THORACIC SOCIETY**

[www.thoracic.org/ca.html](http://www.thoracic.org/ca.html)

**Contact Person:** Colleen Richardson  
[ctslung@aol.com](mailto:ctslung@aol.com)

**Phone:** (714) 730-1944

**Minimum age:** 14

**Adult Supervision Required:** No

**Groups:** Yes

**Min/Max Size:** Up to 4 with notice

**Volunteer Opportunities Include:** general office work, computer work (graphic design work needed).

**Time Commitment:** Flexible

## **Westminster/Midway City**

### **SHELTER FOR THE HOMELESS**

[www.shelterforthehomeless.org](http://www.shelterforthehomeless.org)

**Contact Person:** Judy Kampmann  
[jkampmann@afhusa.org](mailto:jkampmann@afhusa.org)

**Phone:** (714) 897-3221

**Minimum age:** 15

**Adult Supervision Required:**

**Groups:** Yes

**Min/Max Size:** Up to 12 members

**Volunteer Opportunities Include:** Children activities play with kids, events, office help, sort food

**Time commitment:** None

## **Yorba Linda**

### **YORBA LINDA SENIOR CENTER**

[www.yorba-linda.org](http://www.yorba-linda.org)

**Contact Person:** Pam Leiendecker  
[pleiendecker@yorba-linda.org](mailto:pleiendecker@yorba-linda.org)

**Phone:** (714) 961-7190

**Minimum age:** 13

**Adult Supervision Required:** Only under 14

**Groups:** No

**Min/Max Size:** N/A

**Volunteer Opportunities Include:** Serving lunch to Seniors, wrapping napkins and setting tables

**Time commitment:** None

## **Helpful Websites**

[www.volunteercenter.org](http://www.volunteercenter.org)

[www.idealist.org](http://www.idealist.org)  
[www.kids-who-care.org](http://www.kids-who-care.org)  
[www.servenet.org](http://www.servenet.org)  
[www.volunteermatch.org](http://www.volunteermatch.org)