

I CAN VOLUNTEER!

Detailed Descriptions of Youth & Teen Volunteer Opportunities in Orange County



**You can make a difference in
your community!**

- Volunteer Center Orange County - 1901 East Fourth Street, Suite 100, Santa Ana, CA 92705-
- Phone: (714) 953-5757 - Fax: (714) 834-0585 - www.volunteercenter.org -

How Do I Use This Guide?

Step One

Think about how you would like to volunteer. Consider your interests and how you like to spend your time, and then decide where you would like to help. For example, maybe you play the piano and would like to perform at a Senior Center.

Step Two

Look through this guide and find the volunteer jobs that match your interests, needs, and qualifications. Check if you can get transportation to the agency from your home or school. Note that many agencies are on or near bus lines. Please check that you meet the organization's minimum age requirement. Sometimes you may meet the age requirement and will still need to bring an adult.

Step Three

Call or email the organization. Ask to speak to the volunteer coordinator or whoever is listed. Introduce yourself and explain why you are contacting them. Volunteer coordinators are often very busy, so you may have to leave a message. If they do not get back to you in a couple of weekdays, try again. If you have to leave a message on their voice mail, speak slowly and clearly and be sure to leave your name and phone number so they can reach you.

Here is an example of what you could say as a message:

- "Hi my name is (your name) and I am a student at (name of your school). I read about your organization in Volunteer Center Orange County's "I Can Volunteer Guide to Youth Volunteer Opportunities" and am interested in finding out about volunteer opportunities at your agency. I would appreciate it if you could call me back. I can be reached at (your phone number with area code) after (time when you are home). Thank you."

Step Four

When you speak to the volunteer coordinator, tell him/her a bit about yourself and why you want to volunteer. Ask some of the following questions to ensure a good match.

Here are some questions you might want to ask:

- What does your organization do?
- Whom do you serve?
- What type of work will be done as a volunteer?
- Can you mail or e-mail me a job description or brochure?
- Do you provide training?
- Who will be my supervisor?
- Where are you located? (Is it close to my home or school?)
- When do you need help? (Does it fit your schedule?)

Step Five

Ask for an appointment to visit the organization. By visiting the organization, you will get a better understanding of what it would be like to work there. The volunteer coordinator may also want to interview you before you start. When you make the appointment, write down the day and time and get clear directions on how to get there. Arrive for your interview early.

I CAN VOLUNTEER!

Table of Contents

Volunteer Location(s):	Page Number:
Countywide.....	4,5
Anaheim.....	6
Brea.....	6
Costa Mesa.....	7
Dana Point.....	7
Fountain Valley.....	8
Fullerton.....	8,9
Garden Grove.....	9,10
Huntington Beach.....	10
Irvine.....	11,12
Laguna Beach.....	12,13
Newport Beach.....	13
Orange.....	14,15
Placentia.....	15
San Clemente.....	15
Santa Ana.....	16
Tustin.....	16
Westminster/Midway City.....	17
Yorba Linda	17
Helpful Websites.....	17

Helpful Information

If the contact name has changed, ask for the volunteer coordinator
 Information current as of May, 2008
 Volunteers should contact the agencies directly, not the Volunteer Center
 Orange County
 For more volunteer opportunities, contact your local branch of the public
 library
 Please use this directory for volunteer purposes **only**
 Thank-you for your interest in volunteering!

Countywide**ADOPT-A-PARK PROGRAM**www.ocparks.com

Contact Person: Angeline Santiago
angeline.santiago@rdmd.ocgov.com

Phone: (714) 973-6871**Minimum Age:** None**Adult Supervision required:** Yes (under 18)**Groups:** Yes**Min/Max Size:** Varies

Volunteer Opportunities include: Beach and lake clean ups, tree plantings, removal of non-native habitat, trail maintenance, gardening, painting, research projects and staffing of nature centers

Time Commitment: Time commitment varies from project to project.**AMERICAN CANCER SOCIETY**www.cancer.org

Contact Person: Shannon Fowler
shannon.fowler@cancer.org

Phone: (949) 567-0620**Minimum Age:** 13**Adult Supervision required:** Varies**Groups:** Yes**Min/Max Size:** No maximum size

Volunteer Opportunities Include: Creating posters, campaigns, youth clubs (school health), help with Teens Kick Ash program, Relay for Life program, health fairs, work on programs, help to collect signatures

Time Commitment: None**AMERICAN RED CROSS of ORANGE COUNTY**www.oc-redcross.org**Contact Person:** Jesse Burne**Phone:** (714) 481-5397**Minimum Age:** 13**Adult Supervision Required:** No**Groups:** Yes**Min/Max Size:** Varies upon project

Volunteer Opportunities Include: Volunteer at Community Blood Drives as a Registration or Canteen Volunteer. Registration Volunteers intake donors, process paperwork and provide customer service. Canteen Volunteers, provide customer service, serve refreshments and alert our medical staff if a donor needs help.

Time Commitment: Varies with each project

Additional Information: There are a wide variety of volunteer youth programs at Red Cross OC for middle and high school age youth. Most programs focus on youth educating their peers in the community. Call or email us at youth@oc-redcross.org to get more information.

Countywide (cont.)

CHILDREN'S BUREAU (corp)

www.all4kids.org

Contact Person: Wendy Brown

Minimum age requirement: 16

Groups: Yes

Opportunities Available: Clerical, group parties, events, and clean up projects.

Time Commitment: None

Additional Information: Many different sites throughout Orange County

Phone: (714) 517-1900 ext 201

Adult Supervision Required: No

Min/Max Size: Varies

EARTH RESOURCE FOUNDATION

www.earthresource.org

Contact Person: Stephanie Barger

info@earthresource.org

Minimum Age: None

Groups: Yes

Volunteer Opportunities Include: Beach clean ups, water quality research projects and native plant restoration activities, mentors, administrative help.

Phone: (949) 645-5163

Adult Supervision Required: Under 12 only

Min/Max Size: Up to 200

PROJECT LINUS

www.projectlinus.org

Contact Person: Patty Krause

Minimum age:

Groups:

Volunteer Opportunities Include: Making homemade blankets for seriously ill or traumatized children, ages 0-18, Can possibly travel to you

Phone: (949) 723-4656

Adult Supervision Required:

Min/Max Size: None

PAINT YOUR HEART OUT

www.pyho.org

Contact Person: Debbie Schultz

debbie@pyho.org

Minimum age: 14 years

Groups: Yes

Volunteer Opportunities Include: Assist with adult teams in painting homes (prepping, priming, painting).

Time Commitment: Various annual events (dates vary with city), Requires 2 Saturdays (mostly consecutive)

Phone: (714) 970-1150

Adult Supervision Required: Yes

Min/Max Size: Up to 25

THINK TOGETHER

www.thinktogether.org

Contact Person: Tom Linnert

tlinnert@thinktogether.org

Contact Person: Erin Bucci

ebucci@thinktogether.org

Minimum Age: 13

Groups: Yes

Volunteer Opportunities Include: Working with at-risk youth in the following areas – tutoring, mentoring and assisting with homework. Youth volunteers can also become an office aide, help with public relations/marketing and much more.

Time Commitment: None

Phone: (714) 543-3807 Ex 8142

Phone: (714) 543-3807 Ex 8108

Adult Supervision Required: No

Min/Max Size: Up to 50

Anaheim

ANAHEIM FAMILY YMCA

www.anaheimymca.org

Contact Person: Norma Ruiz

nruiz@anaheimymca.org

Minimum Age: 14

Groups: Yes

Volunteer Opportunities Include: Help with the following programs: academic mentor, Go Getters mentor, Classroom volunteer, enrichment and special projects, Anaheim Achieves One-Time School Visits, Anaheim Achieves, Academic Mentor, Big Buddy, and Y-Be Healthy. These programs operate out of 46 Anaheim sites. They focus on helping children with homework; educational games, sports, enrichment and recreational activities; storytelling; reading and literacy programs and academic mentoring.

Time Commitment: Volunteer hours vary depending upon the program.

Phone: (714) 635-9622 ext. 1613

Adult Supervision Required: Yes

Min/Max Size: Varies

Brea

CARBON CANYON REGIONAL PARK

www.ocparks.com

Contact Person: Joanne Taylor

Joanne.ltaylor@rdmd.ocgov.com

Contact Person: John Gump

john.gump@rdmd.ocgov.com

Minimum Age: 12 years

Groups: Yes

Volunteer Opportunities Include: Trail maintenance, brush clearing, planting, bulletin board, work on converting office into interactive center, Native planting in Nature Area, and leading tours.

Time Commitment: None

Phone: (714) 973-3161

Phone: (714) 973-3163

Adult Supervision Required: Yes

Min/Max Size: None

Costa Mesa

GIRLS INC. OF ORANGE COUNTY

www.girlsinc-oc.org

Contact Person: Orleda Roa

orledar@girlsinc-oc.org

Minimum Age: High School Students

Groups: Yes

Time Commitment: Looking for long-term volunteers, Operating Hours 7:30 am – 6:00 pm Mon.-Fri. / Need to ask for Sat. and Sun. volunteer opportunities

Volunteer Opportunities Include: Working with National development programs; after school programs; work with 5-18 (activities). Main facility is in Costa Mesa, but satellite facilities in many cities throughout Orange County.

Phone: (949) 646-7181

Adult Supervision Required: No

Min/Max Size: Up to 12 (some large)

Costa Mesa (cont)

SOMEONE CARES SOUP KITCHEN

shannonscsk@aol.com

Contact Person: Shannon Santos
or Allie Weaver

Phone: (949) 548-8861

Minimum Age: 15 years

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 15

Volunteer Opportunities Include: Serve and prepare meals; organizing food supplies

Time Commitment: Volunteer opportunities are Monday-Friday 9am-5pm, Saturday and Sunday 7:30-12am

PROJECT CUDDLE

www.projectcuddle.org

Contact Person: Talea Magnusen
projectcuddle@yahoo.com

Phone: (714) 432-9681

Minimum Age: None

Adult Supervision Required: Yes under 16

Groups: Yes

Min/Max Size: No maximum group size

Volunteer Opportunities Include: Office work, passing out brochures.

Time Commitment: None

SERVING PEOPLE IN NEED (SPIN)

www.spinoc.org

Contact Person: Kim Frazier
kimf@spinoc.org

Phone: (714) 751-1101 Ext 19

Minimum Age: None

Adult Supervision Required: None

Groups: Yes

Min/Max Size: Up to 15

Volunteer Opportunities Include: Help in the office and teach "life skill" classes. Volunteer groups are needed to help with special projects including preparing meals for the homeless, food drives, hygiene drives, clothing drives and adopting families for the holidays.

Time Commitment: None

Dana Point

OCEAN INSTITUTE

www.ocean-institute.org

Contact Person: Karen Lloreda
volunteers@ocean-institute.org

Phone: (949) 496-2274

Minimum Age: 14

Adult Supervision Required: Under 16

Accepts Groups: No

Min/Max Size: None

Volunteer Opportunities Include: Sailing Tall Ships, assistance in gift shop, Maritime and Science Instructors, administrative duties

Time Commitment: None

Fountain Valley

BOYS AND GIRLS CLUBS OF HUNTINGTON VALLEY

www.bgchv.com

Contact Person: Tom Krusic

Phone: (714) 531-2582

tkrusic@bgchv.com

Minimum Age: 15

Adult Supervision Required: No

Volunteer Opportunities Include: Interacting and working with children in the areas of educational assistance and public safety. Activities with kids.

Additional Information: Volunteers must become a Boys and Girls Club member which requires a \$15 fee and must purchase a volunteer shirt for \$8. All volunteers meet with the program's unit director for a 30-minute orientation.

Time Commitment: 4 hours

THE PATH OF HOPE FOUNDATION

www.thepathofhope.com

Contact Person: Gus Guzman

Phone: (714) 775-3385

pathofhope@yahoo.com

Minimum Age: 16

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Up to 20

Volunteer Opportunities Include: Giving to homeless; set up & tear down; holiday dinners; wrap presents at Christmas time; entertainment (singing, skits).

Time Commitment: None

WORKING WARDROBES for a New Start

www.workingwardrobes.org

Contact Person: MaryLou Torres

Phone: (714) 210-2460 Ext. 311

marylout@workingwardrobes.org

Minimum Age: 14

Adult Supervision: Yes, up to 15

Accepts Groups: Yes

Min/Max Size: 15 to 20 max

Volunteer Opportunities Include: Office duties, work at receiving, sorting and tagging donations of men, women, and teen clothing, gift bag items, and preparing the donations for distribution to clients at the retail store front or the donation center, events.

Additional Information: School group leaders and Parents welcome to assist High School participants

Time Commitment: None

Fullerton

K.C. SERVICES (KOREAN COMMUNITY SERVICES)

www.KCServices.org

Contact Person: John

Phone: (714) 527-6561

contact@kcservices.org

Minimum Age: All ages welcome

Adult Supervision Required: No

Groups: No

Volunteer Opportunities Include: Office assistance, such as creating folders, data entry, filing, web page design, data warehousing. Light housekeeping duties are also available.

Time Commitment: Flexible hours can arrange – Monday through Friday between the hours of 9 a.m. – 7 p.m.

Fullerton (cont.)

NORTH ORANGE COUNTY YMCA

www.ymcaoc.org

Contact Person: Tawnya Moore
(General Volunteer Opportunities)

Phone: (714) 879-9622

Contact Person: Jill Plubell
(Special Events Opportunities)

Phone: (714) 879-9622 x110

Minimum age: 16 years

Adult Supervision Required: Varies

Groups: Yes

Min/Max Size: Up to 20

Volunteer Opportunities Include: Provide tours and help with office/facility duties, such as filing, photocopying, preparing mailings, washing towels, etc. Special event volunteers help with the Golf Tournament, Healthy Kids Day, Crab Feast and other seasonal events.

Additional Information: General volunteers are required to undergo drug screening and fingerprinting.

Time Commitment: None

FAMILY ASSESSMENT COUNSELING AND EDUCATION SERVICES

www.facescal.org

Contact Person: Antonieta Fraga

Phone: (714) 879-9616

Minimum age: 15

Adult Supervision Required: No

Groups: Yes – for specific projects

Min/Max Size: up to 10

Volunteer Opportunities Include: Data entry, answering outreach phone calls, file, clean up.

Time Commitment: Depends on duty

Garden Grove

ORANGE COUNTY FOOD BANK

www.orangecountyfoodbank.org

Contact Person: Mark Lowry

Phone: (714) 897-6670 x3601

mlowry@capoc.org

Minimum age: None

Adult Supervision Required: Yes, under 16

Groups: Yes

Min/Max Size: Up to 100 members

Volunteer Opportunities Include: Volunteers work side-by-side packing food boxes that are distributed to the hungry in Orange County. Volunteer opportunities are available after school and on weekends. Office work also available

Additional Information: Volunteers should wear comfortable clothing and need to wear closed-toed shoes

Time Commitment: Volunteers are required to stay for the entire 3 hour shift.

Garden Grove (cont.)

ACACIA ADULT DAY SERVICES

www.acacia-services.org

Contact Person: Terry White

twhite@acacia-services.org

Phone: (714) 530-1566

Minimum age: None

Adult Supervision Required: Yes, under 16

Accepts Groups: Yes

Min/Max Size: Up to 6-8

Volunteer Opportunities Include: Helping with activities (such as Bingo or Arts and Crafts) for frail elderly or disabled adults, people with Alzheimer's and developmental disabilities; serving meals and snacks; talking with elderly people on a 1:1 basis and so on, Also looking for musicians to help.

Time Commitment: We do have episodic volunteers. To volunteer on a regular basis, the volunteer would have to go through the application process and complete a TB test per

COMMUNITY DAY PRESCHOOL

Contact Person: Sue Puisis

Phone: (714) 539-2911

Minimum age: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 2 per classroom, no max for group projects

Volunteer Opportunities Include: play with the children, games, computer work, tutoring. Groups, paint, clean up, projects, helping in classroom, teacher's aid

Additional Information: TB test, no gang clothes, conservative clothes

Time Commitment: None

HEMOPET/PET LIFE LINE

www.hemopet.com

Contact Person: Karen Stalk

Phone: (714) 891-2022 x 22

hemopet@hotmail.com

Contact Person: Wayne Richards
(Volunteer Coordinator)

Phone: (714) 891-2022 x18

Minimum age: 14

Adult Supervision Required: Signed wavier

Groups: Yes (prearranged)

Min/Max Size: Varies

Volunteer Opportunities Include: take care of dogs, walk dogs, clean up kennels

Additional Information: Closed toe shoes (tennis shoes preferred), long pants

Huntington Beach

OAK VIEW COMMUNITY COLLABORATIVE

Contact Person: Martin Rodriguez

Phone: (714) 842-4002 x204

martinrodriguez@all4kids.org

Minimum Age: None

Adult Supervision Required: Not for teens

Groups: Yes

Min/Max Size: Up to 30

Volunteer Opportunities Include: Working with children as a tutor, camp counselor, teacher's aid, etc., assisting with clerical duties; shelving books and helping with library programs; interpreting (Spanish/English) and participating in special events.

Additional Information: Oak View is a fun place for youth volunteers because they know they are making a difference in the lives of low-income immigrant families served by the agency. Bilingual (Spanish/English) speakers are a plus, but not required for most programs. Commitment varies from one hour per week to several hours per day depending upon the program.

Irvine

HUMAN OPTIONS, INC.

www.humanoptions.org

Contact Person: Gail Libby
Glibby@humanoptions.org

Phone: (949) 737-5242 Ext. 223

Minimum age: 14

Adult Supervision Required:

Group: No

Min/Max Size: n/a

Volunteer Opportunities Include: therapeutic preschool, working with kids, tutoring and playing with kids, office work and thrift school, directly with women.

Time Commitment: 3 hrs training (to work with kids) No time commitment after training, No training for office work. Thrift store: Monday-Saturday, 10am-5pm, Helping with kids: Monday-Thursday, 9am-12pm and 2:00pm-4:30pm, tutoring: Monday-Thursday, 4:30pm - 6:00pm

SHADETREE PARTNERSHIP, INC.

www.shadetreepartnership.org

Contact Person: Thomas Bonkowski
bonkowsk@irwd.com

Phone: (949) 453-5392

Minimum age: 8 – 16

Adult Supervision Required: Yes under 16

Groups:

Min/Max Size:

Volunteer Opportunities Include: Shadetree Nursery is a 5.5-acre volunteer nursery consisting of 7,000+ trees and 2,000 shrubs/groundcover. Volunteers can water, weed, stake trees, prune/trim trees, fertilize, replant trees/seedlings, take inventory and perform general nursery functions. Closed toe shoes are required for all volunteers.

Additional Information: The Shadetree Nursery is located on the UCI campus (call for directions). There is a slight slope where the trees are irrigated. Special needs volunteers may find the location challenging.

Time Commitment: Two to five hours. Weekdays and occasional weekends available. Available hours are between 7:30a.m. and 3:00p.m.

FAMILIES FORWARD

www.families-forward.org

Contact Person: Debbie Regele

Phone: (949) 553-2727 x226

Minimum age: 14

Adult Supervision Required: Varies

Groups: No

Min/Max Size:

Volunteer Opportunities Include: Working in our food warehouse sorting, organizing and bagging food for families Monday through Thursday mornings. Help in our storage warehouse, picking up donations and food drives. Summer is a good time to work for students. Special events depending on the time of year.

Time Commitment: None

NATIONAL MULTIPLE SCLEROSIS SOCIETY

www.mspacific.org

Contact Person: Linda Ingram
Linda.ingram@mspacific.org

Phone: (760) 448-8416

Minimum age: 10 (for events)

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Special Events in April and October

Irvine (cont.)

PEDIATRIC CANCER RESEARCH FOUNDATION

www.pcrf-kids.com

Contact Person: Gina Crofts

Phone: (949) 859-6312

gcrofts@pcrf-kids.com

Minimum age: 10

Adult Supervision Required: Under 12

Groups: Yes

Min/Max Size: Up to 10

Volunteer Opportunities Include: Mailing, packaging holiday cards, counting cards, mailing envelopes, special events.

Additional Information: Very Busy, would appreciate volunteers

ALZHEIMER'S ASSOCIATION OF ORANGE COUNTY

www.alzoc.org

Contact Person: Mallory Gompert

Phone: (949) 757-3705

Minimum age: Varies

Adult Supervision Required: No (if over 16)

Groups: Yes

Min/Max Size: No maximum group size

Volunteer Opportunities Include: Youth Outreach Volunteers, Memory Walk Volunteers and Participants, Office Volunteers, Development Volunteers

AMERICAN HEART ASSOCIATION

www.heartsource.org

Contact Person: Cheryl Halcrow

Phone: (949) 856-3555

Cheryl.halcrow@heart.org

Minimum age: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Depends on activity

Volunteer Opportunities Include: Administrative tasks, mailings, computer work, packets, maybe cleaning for special events

Time Commitment: Flexible, call ahead, 10 hrs at most per week

THE RAISE FOUNDATION

www.theraisefoundation.org

Contact Person: Kristen Jefferson

Phone: (949) 955-1578 x 13

Kristen@theraisefoundation.org

Minimum age: 13

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Depends on activity

Volunteer Opportunities Include: Fundraising events throughout the year.

Time Commitment: Flexible

Laguna Beach

BRIDGE LEARNING CENTER

Contact Info: Howard Levin

Phone: (949) 494-0591

Minimum age: 16

Adult Supervision Required: No

Groups:

Min/Max Size:

Volunteer Opportunities Include: Mentoring children one-on-one with the same child one hour once a week, after school on the weekdays, or time that are convenient to the mentor. We are not tutors. We work on improving self-esteem, not school grades.

Additional Information: Need drivers license

Time Commitment: Once a week for an hour, 1-3 month commitment

Laguna Beach (cont.)

SOUTH COAST MEDICAL CENTER

www.southcoastmedcenter.com

Contact Info: Helen Simpson

Phone: (949) 499-7175 or
(949) 499-1311

SimptoHL@ah.org

Minimum age: 14

Adult Supervision Required: No

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Clerical work at first, more hands on with experience

Additional Information: Must attend orientation, lots of opportunities.

Time Commitment: 40 hrs to be signed, 60 hrs for letter of recommendation

Newport Beach

ENVIRONMENTAL NATURE CENTER (ENC)

www.ENCenter.org

Contact Person: Lori Whalen

Phone: (949) 645-8489

lori@encenter.org

Minimum age: All

Adult Supervision Required: Under 12

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Grounds maintenance, gardening, office duties, craft projects, assistance with Saturday afternoon birthday parties and special events. Scouts can earn merit badges and complete Eagle & Gold projects.

Time Commitment: Schedules will vary depending upon volunteer project. There is a minimum one-hour time commitment. Student volunteer shifts can be scheduled Wednesday 1:00 until 5 p.m. and on Saturdays between 8:30 a.m. – 12:30 p.m.

JUVENILE DIABETES RESEARCH FOUNDATION

www.jdrf.org

Contact Person: Theresa Szwalek

Phone: 949) 553-0363 x10

eoverland@jdrf.org

Minimum age: 15 years.

Adult Supervision Required: Groups of five or more must be accompanied by an adult.

Groups: Yes

Min/Max Size: Up to 10 members

Volunteer Opportunities Include: General office tasks such as envelope stuffing, packet collating, etc. and participation in special events.

Additional Information: There are always volunteer opportunities available. Please call Erika for details.

Time Commitment: Flexible schedules are available.

Orange

YWCA OF CENTRAL ORANGE COUNTY

www.ywcacentraloc.com

Contact Person: Judy Sollee

Phone: (714) 633-4950

Contact Person: Sue Olemstead

Phone: (714) 633-4950

Minimum age: 15 years

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities Include: Helping with transitional house for foster girls, organize clothes for women searching for new jobs

Time Commitment: None

ORANGE POLICE DEPARTMENT VOLUNTEER PROGRAM

www.cityoforange.org

Contact Person: Deborah Klein

Phone: (714) 744-7328

volunteers@orangepd.org

Minimum age: 13 years

Adult Supervision Required: Yes, at check in

Groups: Yes

Min/Max Size: 6 -12Group

Volunteer Opportunities Include: Kids Print (fingerprinting) Program – this is an ongoing function that volunteers oversee throughout the year. Volunteers (individuals & groups) are placed on a call-out mailing list, they are advised of the location, date, and time for upcoming Kids Print sessions.

Time Commitment: None

ORANGE COUNTY RONALD MCDONALD HOUSE

www.rmhc.org

Contact Person: Katie Roth

Phone: (714) 639-3600

krussell@ronaldhouseoc.org

Minimum age: 14

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Max of 10

Volunteer Opportunities Include: (Katie will e-mail change)

Since the agency's mission is to provide a temporary "home away from home" for 21 families whose children are receiving medical care at local hospitals, there is a lot of laundry, baking, mopping, vacuuming and dusting. Volunteers also help with sorting donations, stocking the pantry and storerooms, changing light bulbs and vacuum cleaning bags, taking out the trash and cleaning out the refrigerator. Occasionally there are opportunities to help with clerical duties and fundraising events.

Time Commitment:

Individuals must commit to one 4-hour shift per month for a one year period.

SECOND HARVEST FOOD BANK OF ORANGE COUNTY

www.feedoc.org

Contact Person: Kris Tomsen

Phone: (949) 653-2900 x 166

kris@feedoc.org

Minimum age: 16 (under 16 can glean)

Adult Supervision Required: Under 16

Groups: Yes

Min/Max Size: Up to 50

Volunteer Opportunities Include: Food labeling and sorting for distribution to needy families. Harvesting programs also available.

Time Commitment: Volunteers must call ahead to schedule a date and timeframe.

Orange (cont.)

REHABILITATION INSTITUTE OF SOUTHERN CALIFORNIA

www.rio-rehab.com

Contact Person: Gabby Deleon

Gabriela@riorehab.com

Minimum age: 16

Groups: Yes

Volunteer Opportunities Include: Office work. Looking over the kids at the day care

Time Commitment: Office hours 7am-3:30 pm, Child program 7:00am-6pm.

Phone: (714) 633-7400

Adult Supervision Required: Yes

Min/Max Size: Up to 6 member

CHILD ABUSE PREVENTION CENTER

www.brightfutures4kids.org

Contact Person: Rossie Ruppe

RRuppe@brightfutures4kids.org

Minimum age: 16

Groups: Yes

Volunteer Opportunities Include: Work events, clerical work, working in a warehouse

Time Commitment: None

Phone: (714) 543-4333

Adult Supervision Required: As Needed

Min/Max Size: Up to 10 member

Placentia

H.I.S. HOUSE

www.hishouseplacentia.org

Contact Person: Teri Niebuhr

tnieb@sbcglobal.net

Minimum age: 15

Groups: Yes

Volunteer Opportunities Include: Child care, homework club

Additional Information: H.I.S. House is a six-month transitional shelter for families, singles and couples. Youth from infants to 18 years of age (with their parents) are housed at the facility.

Time Commitment: None

Phone: (714) 993-5774

Adult Supervision Required: No

Min/Max Size: Up to 10 members

San Clemente

LAURA'S HOUSE

www.laurashouse.org

Contact Person: Laura Kelly

lkelly@laurashouse.org

Minimum age: 16

Groups: Yes (periodically)

Volunteer Opportunities Include: Helping in the thrift store, children-care center and with special projects. Groups can assist with gardening and weeding activities and wrapping at the holidays; some administrative work.

Additional Information: All volunteers must go through volunteer training before they can volunteer.

Time Commitment: None

Phone: (949) 361-3775

Adult Supervision Required: None

Min/Max Size: 5 - 7

Santa Ana

LEUKEMIA AND LYMPHOMA SOCIETY

www.leukemia-lymphoma.org

Contact Person: Grace Hinojoza

Phone: (714) 881-0610

Gracehinojoza@lls.org

Minimum age: Any Age

Adult Supervision Required: Under 15

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Office work: mailings, Events: set up, run event, registration

Time Commitment: None

LATINO HEALTH ACCESS

www.latinohhealthaccess.org

Contact Person: Marissa Colon

Phone: (714) 542-7792

mcolon@latinohhealthaccess.org

Minimum age: Any age

Adult Supervision Required: No

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Childhood obesity prevention program, help with fun physical activities, work with obese children in organized sports, Monday –Friday 2:30pm-3:30pm, Children Initiative: leadership training, Monday- Friday 4:00pm-7:30pm, Help with tutoring Saturdays 12:00pm-4:00pm

Time Commitment: None, but be dependable

SOUTHWEST MINORITY ECONOMIC DEVELOPMENT

www.swcommunitycenter.org

Contact Person: Connie Jones

Phone: (714) 547-4073

swsmeda@aol.com

Minimum age: 12

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Up to 15 members

Volunteer Opportunities Include: Help serve meals, pack groceries

Time Commitment: None

Tustin

CALIFORNIA THORACIC SOCIETY

www.thoracic.org/ca.html

Contact Person: Colleen Richardson

Phone: (714) 730-1944

ctslung@aol.com

Minimum age: 14

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 4 with notice

Volunteer Opportunities Include: general office work, computer work (graphic design work needed).

Time Commitment: Flexible

Westminster/Midway City

SHELTER FOR THE HOMELESS

www.shelterforthehomeless.org

Contact Person: Judy Kampmann
jkampmann@afhusa.org

Phone: (714) 897-3221

Minimum age: 15

Adult Supervision Required:

Groups: Yes

Min/Max Size: Up to 12 members

Volunteer Opportunities Include: Children activities play with kids, events, office help, sort food

Time commitment: None

Yorba Linda

YORBA LINDA SENIOR CENTER

www.yorba-linda.org

Contact Person: Pam Leiendecker
pleiendecker@yorba-linda.org

Phone: (714) 961-7190

Minimum age: 13

Adult Supervision Required: Only under 14

Groups: No

Min/Max Size: N/A

Volunteer Opportunities Include: Serving lunch to Seniors, wrapping napkins and setting tables

Time commitment: None

Helpful Websites

www.volunteercenter.org

www.idealists.org

www.kids-who-care.org

www.servenet.org

www.volunteermatch.org