

I CAN VOLUNTEER!

Detailed Descriptions of Youth & Teen Volunteer Opportunities in Orange County



**You can make a difference in
your community!**

- Volunteer Center Orange County - 1901 East Fourth Street, Suite 100, Santa Ana, CA 92705-
- Phone: (714) 953-5757 - Fax: (714) 834-0585 - www.volunteercenter.org -

How Do I Use This Guide?

Step One

Think about how you would like to volunteer. Consider your interests and how you like to spend your time, and then decide where you would like to help. For example, maybe you play the piano and would like to perform at a Senior Center.

Step Two

Look through this guide and find the volunteer jobs that match your interests, needs, and qualifications. Check if you can get transportation to the agency from your home or school. Note that many agencies are on or near bus lines. Please check that you meet the organization's minimum age requirement. Sometimes you may meet the age requirement and will still need to bring an adult.

Step Three

Call or email the organization. Ask to speak to the volunteer coordinator or whoever is listed. Introduce yourself and explain why you are contacting them. Volunteer coordinators are often very busy, so you may have to leave a message. If they do not get back to you in a couple of weekdays, try again. If you have to leave a message on their voice mail, speak slowly and clearly and be sure to leave your name and phone number so they can reach you.

Here is an example of what you could say as a message:

- "Hi my name is (your name) and I am a student at (name of your school). I read about your organization in Volunteer Center Orange County's "I Can Volunteer Guide to Youth Volunteer Opportunities" and am interested in finding out about volunteer opportunities at your agency. I would appreciate it if you could call me back. I can be reached at (your phone number with area code) after (time when you are home). Thank you."

Step Four

When you speak to the volunteer coordinator, tell him/her a bit about yourself and why you want to volunteer. Ask some of the following questions to ensure a good match.

Here are some questions you might want to ask:

- What does your organization do?
- Whom do you serve?
- What type of work will be done as a volunteer?
- Can you mail or e-mail me a job description or brochure?
- Do you provide training?
- Who will be my supervisor?
- Where are you located? (Is it close to my home or school?)
- When do you need help? (Does it fit your schedule?)

Step Five

Ask for an appointment to visit the organization. By visiting the organization, you will get a better understanding of what it would be like to work there. The volunteer coordinator may also want to interview you before you start. When you make the appointment, write down the day and time and get clear directions on how to get there. Arrive for your interview early.

I CAN VOLUNTEER!

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Helpful Information

- If the contact name has changed, ask for the volunteer coordinator
- Information current as of April, 2010
- Volunteers should contact the agencies directly, not Volunteer Center Orange County
- For more volunteer opportunities, contact your local branch of the public library
- Please use this directory for volunteer purposes **only**
- Thank-you for your interest in volunteering!

Countywide

ADOPT-A-PARK PROGRAM

www.ocparks.com

Contact Person: Angeline Santiago
angeline.santiago@occr.ocgov.com

Phone: (714) 480-2827

Minimum Age: none

Adult Supervision required: Yes (under 15)

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities include: Beach and lake clean ups, tree plantings, removal of non-native habitat, trail maintenance, gardening, painting, research projects and staffing of nature centers

Time Commitment: Time commitment varies from project to project.

AMERICAN CANCER SOCIETY

www.cancer.org

Contact Person: Shannon Fowler
shannon.fowler@cancer.org

Phone: (949) 567-0620

Minimum Age: 13

Adult Supervision required: Varies

Groups: Yes

Min/Max Size: No maximum size

Volunteer Opportunities Include: Creating posters, campaigns, youth clubs (school health), help with Teens Kick Ash program, Relay for Life program, health fairs, work on programs, help to collect signatures, internships available.

Time Commitment: None

AMERICAN RED CROSS of ORANGE COUNTY

www.oc-redcross.org

Contact Person: Youth Services Specialist

Phone: (714) 481-5397

Minimum Age: 13

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies upon project

Volunteer Opportunities Include: : A wide variety of volunteer opportunities throughout the year, including disaster preparedness education, community fairs and events, and high school clubs. Please attend our youth volunteer monthly meetings held on the first Wednesday of every month from 6pm-7:30pm to hear about how to volunteer.

Time Commitment: Varies with each project

Additional Information: Most programs focus on youth educating their peers in the community. Call or email us at youth@oc-redcross.org to get more information.

CHILDREN'S BUREAU (corp)

www.all4kids.org

Contact Person: Wendy Brown

Phone: (714) 517-1900 ext 201

Minimum age requirement: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies

Opportunities Available: Clerical, group parties, events, and clean up projects. We are a youth resource center that tries to recruit youth volunteers for other organizations.

Time Commitment: None

Additional Information: Many different sites throughout Orange County

EARTH RESOURCE FOUNDATION

www.earthresource.org

Contact Person: Ask for a Volunteer coordinator

Phone: (949) 645-5163

info@earthresource.org

Minimum Age: None

Adult Supervision Required: Under 12 only

Groups: Yes

Min/Max Size: Up to 200

Volunteer Opportunities Include: Beach, street, Creek clean ups, and native plant restoration activities, general office help, and school green and recycling projects.

MERCEY HOUSE

www.merceyhouse.net

Contact person: Ashleigh Anderson Camba

Phone: (714) 836-7188 X102

ashleigha@merceyhouse.net

Minimum age: Varies

Adult Supervision Required: Under 14 only

Groups: Yes

Min/Max Size: Max 25

Volunteer Opportunities Include: Volunteers can help at your Cold Weather Armory with set-up, clean-up, passing out meals, and donations. We also need Food Donations and collection, volunteers can help pack hygiene kits, bag lunches, collect blankets, decorate for the holidays, entertain residents, help plan holiday parties, and bbqs. There is also an annual Aids walk where volunteers can help with fundraising and planning.

PROJECT LINUS

www.projectlinus.org

Contact Person: Patty Krause

Phone: (949) 723-4656

cdmbeach@aol.com

Minimum age: 6

Adult Supervision Required:

Groups: Yes

Min/Max Size: None

Volunteer Opportunities Include: Making homemade blankets for seriously ill or traumatized children, ages 0-18, Can possibly travel to you

PAINT YOUR HEART OUT

www.pyho.org

Contact Person: Debbie Schultz

Phone: (714) 970-1150

debbie@pyho.org

Minimum age: 14 years

Adult Supervision Required: Yes under 14

Groups: Yes

Min/Max Size: Up to 25

Volunteer Opportunities Include: Assist with adult teams in painting homes (prepping, priming, painting), yard cleanup, and landscaping.

Time Commitment: Various annual events (dates vary with city), Requires 2 Saturdays (mostly consecutive)

THINK TOGETHER

www.thinktogether.org

Contact Person: Tom Linnert

Phone: (714) 543-3807 Ex 8142

tlinnert@thinktogether.org

Contact Person: Malia Mikaelian

Phone: (714) 543-3807 Ex 8108

mmikaelian@thinktogether.org

Minimum Age: 13

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 50

Volunteer Opportunities Include: Working with at-risk youth in the following areas – tutoring, mentoring and assisting with homework. Youth volunteers can also become an office aide, help with public relations/marketing and much more.

Time Commitment: None

Anaheim

ANAHEIM FAMILY YMCA

www.anaheimymca.org

Contact Person: Ashley Tanos

Phone: (714) 635-9622 ext. 1613

atanos@anaheimymca.org

Minimum Age: 14

Adult Supervision Required: Yes up to 16

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities Include: Help with the following programs: academic mentor, Team Go, Classroom volunteer, enrichment and special projects, Anaheim Achieves One-Time School Visits, Anaheim Achieves, Academic Mentor, Big Buddy, and Y-Be Healthy. These programs operate out of 46 Anaheim sites. They focus on helping children with homework; educational games, sports, enrichment and recreational activities; storytelling; reading and literacy programs and academic mentoring.

Time Commitment: Volunteer hours vary depending upon the program.

Brea

CARBON CANYON REGIONAL PARK

www.ocparks.com

Contact Person: Joanne Taylor

Phone: (714) 973-3161

Joanne.taylor@ocpark.com

Minimum Age: 15 years

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: None

Volunteer Opportunities Include: Trail maintenance, brush clearing, planting, bulletin board, work on converting office into interactive center, Native planting in Nature Area, and leading tours.

Time Commitment: None

Costa Mesa

SOMEONE CARES SOUP KITCHEN

shannonsck@aol.com

Contact Person: Shannon Santos
or Allie Weaver

Phone: (949) 548-8861

Minimum Age: 15 years

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 10

Volunteer Opportunities Include: Serve and prepare meals; organizing food supplies.
Time Commitment: Monday-Friday 9am-5pm, Saturday and Sunday 7:30-12am

PROJECT CUDDLE

www.projectcuddle.org

Contact Person: Michelle Langdin
info@projectcuddle.org

Phone: (714) 432-9681

Minimum Age: None

Adult Supervision Required: Yes under 16

Groups: Yes

Min/Max Size: No maximum group size

Volunteer Opportunities Include: Office work, passing out brochures, doing mock baby showers.

Time Commitment: None

GIRLS INC. OF ORANGE COUNTY

www.girlsinc-oc.org

Contact Person: Ryn Schneider
rschneider@girlsinc-oc.org

Phone: (949) 646-7181

Minimum Age: Must be High School Students

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 12 (some larger)

Time Commitment: Looking for long-term volunteers, Operating Hours 7:30 am – 6:00 pm Mon.-Fri. / Need to ask for Sat. and Sun. volunteer opportunities

Volunteer Opportunities Include: Working with National development programs; after school programs; work with 5-18 (activities). Main facility is in Costa Mesa, but satellite facilities in many cities throughout Orange County.

Time Commitment: would like 12 weeks of volunteering

SERVING PEOPLE IN NEED (SPIN)

www.spinoc.org

Contact Person: Kim Frazier
kimf@spinoc.org

Phone: (714) 751-1101 Ext 19

Minimum Age: None

Adult Supervision Required: None

Groups: Yes

Min/Max Size: Up to 15

Volunteer Opportunities Include: Help in the office and teach "life skill" classes. Volunteer groups are needed to help with special projects including preparing meals for the homeless, food drives, hygiene drives, clothing drives and adopting families for the holidays, internships are available.

Time Commitment: None

Interested in Service Learning

Dana Point

OCEAN INSTITUTE

www.ocean-institute.org

Contact Person: Linda Blancher
volunteers@ocean-institute.org

Phone: (949) 496-2274 X221

Minimum Age: 14

Adult Supervision Required: Under 16

Accepts Groups: No

Min/Max Size: None

Volunteer Opportunities Include: Sailing Tall Ships, assistance in gift shop, administrative duties

Time Commitment: 8 hours a month

Interested in Service Learning

Fountain Valley

BOYS AND GIRLS CLUBS OF HUNTINGTON VALLEY

www.bgchv.com

Contact Person: Devon Putman

Phone: (714) 531-2582

dputman@bgchv.com

Minimum Age: 16

Adult Supervision Required: No

Volunteer Opportunities Include: Interacting and working with children in the areas of educational assistance and public safety. Activities with kids.

Additional Information: Volunteers must become a Boys and Girls Club member which requires a \$15 fee and must purchase a volunteer shirt for \$8. All volunteers meet with the program's unit director for a 30-minute orientation.

Time Commitment: 4 hours

THE PATH OF HOPE FOUNDATION

www.thepathofhope.com

Contact Person: Gus Guzman

Phone: (714) 775-3385

pathofhope@yahoo.com

Minimum Age: 14

Adult Supervision Required: 16 and under

Groups: Yes

Min/Max Size: none

Volunteer Opportunities Include: Giving to homeless; set up & tear down; holiday dinners; wrap presents at Christmas time; entertainment (singing, skits).

Time Commitment: None

WORKING WARDROBES for a New Start

www.workingwardrobes.org

Contact Person: MaryLou Torres

Phone: (714) 210-2460 Ext. 311

marylout@workingwardrobes.org

Minimum Age: 14

Adult Supervision: Yes, up to 15

Accepts Groups: Yes

Min/Max Size: 15 to 20 max

Volunteer Opportunities Include: Office duties, work at receiving, sorting and tagging donations of men, women, and teen clothing, gift bag items, and preparing the donations for distribution to clients at the retail store front or the donation center, events.

Additional Information: School group leaders and Parents welcome to assist High School participants

Time Commitment: None

Fullerton

NORTH ORANGE COUNTY YMCA

www.ymcaoc.org

Contact Person: Gabby Milan

Phone: (714) 879-9622

(General Volunteer Opportunities)

Contact Person: Jill Plubell

Phone: (714) 879-9622 x110

(Special Events Opportunities)

Minimum age: 16 years

Adult Supervision Required: Varies

Groups: Yes

Min/Max Size: Up to 20

Volunteer Opportunities Include: Provide tours and help with office/facility duties, such as filing, photocopying, preparing mailings, washing towels, etc. Special event volunteers help with the Golf Tournament, Healthy Kids Day, Crab Feast and other seasonal events.

Additional Information: General volunteers are required to undergo drug screening and fingerprinting.

Time Commitment: None

FAMILY ASSESSMENT COUNSELING AND EDUCATION SERVICES

www.facescal.org

Contact Person: Antonieta Fraga

Phone: (714) 879-9616 X33

Antofraga@gmail.com

Adult Supervision Required: No

Minimum age: 16

Min/Max Size: up to 10

Groups: Yes – for specific projects

Volunteer Opportunities Include: Data entry, answering outreach phone calls, file, clean up, event planning, internships available.

Time Commitment: Depends on duty

K.C. SERVICES (KOREAN COMMUNITY SERVICES)

www.KCServices.org

Contact Person: Ji Youm Lee

Phone: (714) 449-1125

contact@kcservices.org

Minimum Age: All ages welcome

Adult Supervision Required: No

Groups: No

Volunteer Opportunities Include: Office assistance, such as creating folders, data entry, filing, web page design, data warehousing. Light housekeeping duties are also available.

Time Commitment: Flexible hours can arrange – Monday through Friday between the hours of 9 a.m. – 7 p.m

Garden Grove

ORANGE COUNTY FOOD BANK

www.orangecountyfoodbank.org

Contact Person: Andre Gaithe

Phone: (714) 897-6670 x3493

agaithe@capoc.org

Minimum age: None

Adult Supervision Required: Yes, under 16

Groups: Yes

Min/Max Size: Up to 100 members

Volunteer Opportunities Include: Volunteers work side-by-side packing food boxes that are distributed to the hungry in Orange County. Volunteer opportunities are available after school and on weekends. Office work also available, internships available, can work day to day.

Additional Information: Volunteers should wear comfortable clothing and need to wear closed-toed shoes

Time Commitment: Volunteers are required to stay for the entire 2 hour shift.

Interested in Service Learning

Interested in Family Volunteering

COMMUNITY DAY PRESCHOOL

Contact Person: Sue Puisis

Phone: (714) 539-2911

Minimum age: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 2 per classroom, no max for group projects

Volunteer Opportunities Include: play with the children, games, computer work, tutoring. Groups, paint, clean up, projects, helping in classroom, teacher's aid

Additional Information: TB test, no gang clothes, conservative clothes

Time Commitment: None

ACACIA ADULT DAY SERVICES

www.acacia-services.org

Contact Person: Terry White

Phone: (714) 530-1566

twhite@acacia-services.org

Minimum age: None with parental consent

Adult Supervision Required: Yes, under 16

Accepts Groups: Yes

Min/Max Size: Up to 6-8

Volunteer Opportunities Include: Helping with activities (such as Bingo or Arts and Crafts) for frail elderly or disabled adults, people with Alzheimer's and developmental disabilities; serving meals and snacks; talking with elderly people on a 1:1 basis and so on, Also looking for musicians to help.

Time Commitment: We do have episodic volunteers. To volunteer on a regular basis, the volunteer would have to go through the application process and complete a TB test.

Interested in Service Learning

HEMOPET/PET LIFE LINE

www.hemopet.com

Contact Person: Karen Stalk

Phone: (714) 891-2022 x 22

hemopet@hotmail.com

Contact Person: Wayne Richards
(Volunteer Coordinator)

Phone: (714) 891-2022 x18

Minimum age: 14

Adult Supervision Required: Signed waiver

Groups: Yes (prearranged)

Min/Max Size: Varies

Volunteer Opportunities Include: take care of dogs, walk dogs, clean up kennels

Additional Information: Closed toe shoes (tennis shoes preferred), long pants

Huntington Beach

OAK VIEW COMMUNITY COLLABORATIVE

Contact Person: Norma Lopez

Phone: (714) 842-4002 x204

normalopez@all4kids.org

Minimum Age: None

Adult Supervision Required: Not for teens

Groups: Yes

Min/Max Size: Up to 30

Volunteer Opportunities Include: Working with children as a tutor, camp counselor, teacher's aid, etc., assisting with clerical duties; shelving books and helping with library programs; interpreting (Spanish/English) and participating in special events.

Additional Information: Oak View is a fun place for youth volunteers because they know they are making a difference in the lives of low-income immigrant families served by the agency. Bilingual (Spanish/English) speakers are a plus, but not required for most programs. Commitment varies from one hour per week to several hours per day depending upon the program.

Irvine

HUMAN OPTIONS, INC.

www.humanoptions.org

Contact Person: Gail Libby
Glibby@humanoptions.org

Phone: (949) 737-5242 Ext. 223

Minimum age: 14

Adult Supervision Required:

Group: No

Min/Max Size: n/a

Volunteer Opportunities Include: therapeutic preschool, working with kids, tutoring and playing with kids, office work and thrift store called Classy Seconds, directly with women.

Time Commitment: 3 hrs training (to work with kids) No time commitment after training, No training for office work. Thrift store: Monday-Saturday, 10am-5pm, Helping with kids: Monday-Thursday, 9am-12pm and 2:00pm-4:30pm, tutoring: Monday-Thursday, 4:30pm - 6:00pm

ALZHEIMER'S ASSOCIATION OF ORANGE COUNTY

www.alzoc.org

Contact Person: Mallory Gompert

Phone: (949) 757-3705

Minimum age: Varies

Adult Supervision Required: No (if over 16)

Groups: Yes

Min/Max Size: No maximum group size

Volunteer Opportunities Include: Youth Outreach Volunteers, Memory Walk Volunteers and Participants, Office Volunteers, Development Volunteers, accept high school groups.

THE RAISE FOUNDATION

www.theraisefoundation.org

Contact Person: Kristen Jefferson

Phone: (949) 955-1578 x 13

Kristen@theraisefoundation.org

Minimum age: 13

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Depends on activity

Volunteer Opportunities Include: Fundraising events throughout the year.

Time Commitment: Flexible

FAMILIES FORWARD

www.families-forward.org

Contact Person: Debbie Regele

Phone: (949) 553-2727 x226

Minimum age: 14

Adult Supervision Required: Varies

Groups: No

Min/Max Size:

Volunteer Opportunities Include: Working in our food warehouse sorting, organizing and bagging food for families Monday through Thursday mornings. Help in our storage warehouse, picking up donations and food drives. Summer is a good time to work for students. Special events depending on the time of year.

Time Commitment: None

NATIONAL MULTIPLE SCLEROSIS SOCIETY

www.mspacific.org

Contact Person: Linda Ingram

Phone: (760) 448-8416

Linda.ingram@mspacific.org

Minimum age: 10 (for events)

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Special Events in April and October

SECOND HARVEST FOOD BANK OF ORANGE COUNTY

www.feedoc.org

Contact Person: Kris Thomsen

Phone: (949) 653-2900 x 166

kris@feedoc.org

Contact Person: Heleen Knoebel

Phone: (949)653-2900 x 169

Minimum age: 14 (under 14 can harvest)

Adult Supervision Required: Under 16

Groups: Yes

Min/Max Size: Up to 25

Volunteer Opportunities Include: Food labeling and sorting for distribution to needy families. Harvesting programs are also available (this involves planting, weeding, and picking produce in our fields and is available for kids of all ages).

Time Commitment: Volunteers must call ahead to schedule a date and time frame. Shifts are 2-3 hours

PEDIATRIC CANCER RESEARCH FOUNDATION

www.pcrf-kids.com

Contact Person: Gina Crofts

Phone: (949) 859-6312 x 13

gcrofts@pcrf-kids.com

Minimum age: 10

Adult Supervision Required: Under 12

Groups: Yes

Min/Max Size: None

Volunteer Opportunities Include: Mailing, packaging holiday cards, counting cards, mailing envelopes, special events.

Additional Information: Very Busy, would appreciate volunteers.

AMERICAN HEART ASSOCIATION

www.heartsource.org

Contact Person: Cheryl Halcrow

Phone: (949) 856-3555

Cheryl.halcrow@heart.org

Minimum age: 18

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Depends on activity

Volunteer Opportunities Include: Front desk duties, administrative tasks, mailings, computer work, packets, maybe cleaning for special events

Time Commitment: Flexible, call ahead, 10 hrs at most per week

SHADETREE PARTNERSHIP, INC.

www.shadetreepartnership.org

Contact Person: Thomas Bonkowski

Phone: (949) 453-5392

bonkowski@irwd.com

Minimum age: 8 – 16

Adult Supervision Required: Yes under 16

Groups:

Min/Max Size:

Volunteer Opportunities Include: Shadetree Nursery is a 5.5-acre volunteer nursery consisting of 7,000+ trees and 2,000 shrubs/groundcover. Volunteers can water, weed, stake trees, prune/trim trees, fertilize, replant trees/seedlings, take inventory and perform general nursery functions. Closed toe shoes are required for all volunteers.

Additional Information: The Shadetree Nursery is located on the UCI campus (call for directions). There is a slight slope where the trees are irrigated. Special needs volunteers may find the location challenging.

Time Commitment: Two to five hours. Weekdays and occasional weekends available. Available hours are between 7:30a.m. and 3:00p.m.

KIDS WHO CARE FOUNDATION

www.kidswhocareclub.org

Contact Person: Anisha Shukla

Phone: 949-233-0568

Kidswhocareclub@yahoo.com

Minimum age: 4

Adult Supervision Require: Depends

Groups: Yes

Min/Max Size: No

Volunteer Opportunities Include: Available all over Orange County. Volunteers under the age of 18 can help either individually or with their group, to help cheer up critically ill children in the hospital by helping out with our smile pack program, and the traveling variety show. Other volunteer opportunities are also posted on our website. Currently we are looking for volunteers to help with fundraising events, and grant writing and admin work.

Laguna Beach

BRIDGE LEARNING CENTER

Contact Info: Howard Levin

Phone: (949) 494-0591

Minimum age: 16

Adult Supervision Required: No

Groups: No

Min/Max Size:

Volunteer Opportunities Include: Mentoring children one-on-one with the same child one hour once a week, after school on the weekdays, or time that are convenient to the mentor. We are not tutors. We work on improving self-esteem, not school grades.

Additional Information: Need drivers license

Time Commitment: Once a week for an hour, 1-3 month commitment

SOUTH COAST MEDICAL CENTER

www.southcoastmedcenter.com

Contact Info: Helen Simpson

Phone: (949) 499-7175 or (949) 499-1311

SimptoHL@ah.org

Minimum age: 14

Adult Supervision Required: No

Groups: No

Min/Max Size:

Volunteer Opportunities Include: Clerical work at first, more hands on with experience

Additional Information: Must attend orientation, lots of opportunities.

Time Commitment: Complete 4 week application process and 100 hour commitment.

Newport Beach

ENVIRONMENTAL NATURE CENTER (ENC)

www.ENCenter.org

Contact Person: Lori Whalen

Phone: (949) 645-8489

lori@encenter.org

Minimum age: All

Adult Supervision Required: Under 14

Groups: Yes

Min/Max Size: 20

Volunteer Opportunities Include: Grounds maintenance, gardening, office duties, craft projects, assistance with special events. Scouts can earn merit badges and complete Eagle & Gold projects.

Time Commitment: Schedules will vary depending upon volunteer project. There is a minimum one-hour time commitment. Student volunteer shifts can be scheduled Wednesday 1:00 until 5 p.m. and on Saturdays between 8:30 a.m. – 12:30 p.m.

JUVENILE DIABETES RESEARCH FOUNDATION

www.jdrfoc.org

Contact Person: Luke Tlubell

Phone: 949) 553-0363 x10

Ltlubell@jdrf.org

Minimum age: 15

Adult Supervision Required: Groups of five or more must be accompanied by an adult depending on activity.

Groups: Yes **Min/Max Size:** Up to 10 members
Volunteer Opportunities Include: General office tasks such as envelope stuffing, packet collating, etc. and participation in special events.
Additional Information: There are always volunteer opportunities available. Please call Luke for details.
Time Commitment: Flexible schedules are available.

Orange

YWCA OF CENTRAL ORANGE COUNTY

www.ywcacentraloc.com

Contact Person: Sue Olemstead

Phone: (714) 633-4950

Minimum age: 15 years

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities Include: Helping with transitional house for foster girls, organize clothes for women searching for new jobs, sorting products for purse project.

Time Commitment: None

ORANGE POLICE DEPARTMENT VOLUNTEER PROGRAM

www.cityoforange.org

Contact Person: Deborah Klein

Phone: (714) 744-7328

volunteers@orangepd.org

Minimum age: 13 years

Adult Supervision Required: Yes, at check in

Groups: Yes

Min/Max Size: 6 -12Group

Volunteer Opportunities Include: Kids Print (fingerprinting) Program – this is an ongoing function that volunteers oversee throughout the year. Volunteers (individuals & groups) are placed on a call-out mailing list, they are advised of the location, date, and time for upcoming Kids Print sessions.

Time Commitment: None

ORANGE COUNTY RONALD MCDONALD HOUSE

www.rmhc.org

Contact Person: Katie Russell

Phone: (714) 639-3600

krussell@ronaldhouseoc.org

Minimum age: 14

Adult Supervision Required: Yes under 17

Groups: Yes

Min/Max Size: Max of 10

Volunteer Opportunities Include: (Katie will e-mail change)

Since the agency's mission is to provide a temporary "home away from home" for 21 families whose children are receiving medical care at local hospitals, there is a lot of laundry, baking, mopping, vacuuming and dusting. Volunteers also help with sorting donations, stocking the pantry and storerooms, changing light bulbs and vacuum cleaning bags, taking out the trash and cleaning out the refrigerator. Occasionally there are opportunities to help with clerical duties and fundraising events.

Time Commitment: Individuals must commit to one 4-hour shift per month for a one year period.

REHABILITATION INSTITUTE OF SOUTHERN CALIFORNIA

www.rio-rehab.com

Contact Person: Grace Lee

Phone: (714) 633-7400 x 204

grace@rio-rehab.com

Minimum age: 16

Adult Supervision Required: Yes

Groups: Yes **Min/Max Size:** Up to 6 member
Volunteer Opportunities Include: Office work. Looking over the kids at the day care
Time Commitment: Office hours 7am-3:30 pm, Child program 7:00am-6pm.

CHILD ABUSE PREVENTION CENTER

www.brightfutures4kids.org

Contact Person: Elizabeth King
eking@brightfutures4kids.org

Phone: (714) 955-6510

Minimum age: 16

Adult Supervision Required: As Needed

Groups: Yes

Min/Max Size: Up to 10 member

Volunteer Opportunities Include: Work events, clerical work, working in a warehouse

Time Commitment: None

Placentia

H.I.S. HOUSE

www.hishouseplacentia.org

Contact Person: Teri Niebuhr
tnieb@sbcglobal.net

Phone: (714) 993-5774

Minimum age: 15

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 10 members

Volunteer Opportunities Include: Child care, homework club

Additional Information: H.I.S. House is a six-month transitional shelter for families, singles and couples. Youth from infants to 18 years of age (with their parents) are housed at the facility.

Time Commitment: None

San Clemente

LAURA'S HOUSE

www.laurashouse.org

Contact Person: Laura Kelly
lkelly@laurashouse.org

Phone: (949) 361-3775

Minimum age: 16 w/consent

Adult Supervision Required: Under 16

Groups: Yes (periodically)

Min/Max Size: 5 - 7

Volunteer Opportunities Include: Helping in the thrift store, special events and with special projects. Groups can assist with gardening and weeding activities and wrapping at the holidays; some administrative work.

Additional Information: All volunteers must go through volunteer training before they can volunteer.

Time Commitment: None

San Juan Capistrano

GREAT OPPORTUNITES

Contact Person: David Groos
Great_opps@hotmail.com

Phone: (714) 299-0912

Minimum age of volunteers: 16

Adult Supervision required: Under 16

Groups: Yes

Min/Max Size: 8

Volunteer Opportunities Include: To assist participants in activities. Volunteers must be able to be in direct sunlight. Volunteers must be willing to enter ocean water and be able to be in water not touching bottom.

Time Commitment: None

Santa Ana

LEUKEMIA AND LYMPHOMA SOCIETY

www.leukemia-lymphoma.org

Contact Person: Grace Hinojoza

Phone: (714) 481-5608

Gracehinojoza@lls.org

Minimum age: 16

Adult Supervision Required: Under 18

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Office work: mailings, Events: set up, run event, registration

Time Commitment: None

LATINO HEALTH ACCESS

www.latinohhealthaccess.org

Contact Person: Marissa Colon

Phone: (714) 542-7792

mcolon@latinohhealthaccess.org

Minimum age: Any age

Adult Supervision Required: No

Groups: Yes

Min/Max Size:

Volunteer Opportunities Include: Childhood obesity prevention program, help with fun physical activities, work with obese children in organized sports, Monday –Friday 2:30pm-3:30pm, Children Initiative: leadership training, Monday- Friday 4:00pm-7:30pm, Help with tutoring Saturdays 12:00pm-4:00pm

Time Commitment: None, but be dependable

SOUTHWEST MINORITY ECONOMIC DEVELOPMENT

www.swcommunitycenter.org

Contact Person: Connie Jones

Phone: (714) 547-4073

swsmeda@aol.com

Minimum age: 12

Adult Supervision Required: Under 18

Groups: Yes

Min/Max Size: Up to 15 members

Volunteer Opportunities Include: Help serve meals, pack groceries, mailings

Time Commitment: 2 hours

THINK TOGETHER

www.thinktogether.org

Contact Person: Malia Mikaelian

Phone: (714) 543-3807 ext.8108

mmikaelian@thinktogether.org

Minimum age: 9

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Depends

Description of Volunteer Opportunities: Volunteers will help our After School program by assisting our students with homework help, tutoring, academic enrichment, and physical activities.

Time Commitment: None

Tustin

CALIFORNIA THORACIC SOCIETY

www.thoracic.org/ca.html

Contact Person: Marlia Cuthriell

Phone: (714) 730-1944

mcuthriell@alac.org

Minimum age: 14

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 4 with notice

Volunteer Opportunities Include: general office work, computer work (graphic design work needed).

Time Commitment: Flexible, with minimum of 2 hours

Westminster/Midway City

SHELTER FOR THE HOMELESS

www.shelterforthehomeless.org

Contact Person: Judy Kampmann

Phone: (714) 897-3221

jkampmann@afhusa.org

Minimum age: 15 yrs/for children's program 18yrs

Adult Supervision Required: No

Groups: Yes

Min/Max Size: 7-10 members

Volunteer Opportunities Include: Children activities play with kids, events, office help, sort food

Time commitment: None; Kids program 3 months

Yorba Linda

YORBA LINDA SENIOR CENTER

www.yorba-linda.org

Contact Person: Pam Leiendecker

Phone: (714) 961-7190

pleiendecker@yorba-linda.org

Minimum age: 13

Adult Supervision Required: Only under 14

Groups: No

Min/Max Size: N/A

Volunteer Opportunities Include: Serving lunch to Seniors, wrapping napkins and setting tables

Time commitment: Anytime between Monday-Friday 10:30am-12:30pm

Helpful Websites

www.volunteercenter.org

www.idealists.org

www.kids-who-care.org

www.servenet.org

www.volunteermatch.org